








## SMSC in PE

At Bank View, we aim to develop SMSC through PE by:	
 <b>Spiritual</b>	<p>PE lessons including teamwork, self-reflection, aspirations to improve performance, rules, sportsmanship and etiquette and appreciation of sports from other countries. Through dance and gymnastics and games across the school, pupils are encouraged to be creative, designing and creating their own small sided games or by expressing feelings and emotions in their dance and gymnastic performances. Dance lessons are linked closely to other foundation subjects. This allows pupils reflection time to evaluate their experiences allows them to build a positive mind set and promotes progression. Pupils will also see the sense of awe and wonder when observing elite performances from professional athletes and their peers. In PE lessons pupils are encouraged to delve deeper into their understanding of PE and the body and how it can be maximised to improve performance. Pupils are encouraged to reflect on feelings of enjoyment and determination, especially in KS2 through participation in a range of competitive sports. Self and peer assessment are important to enable pupils to have an accurate grasp of where they are and how they need to improve.</p>
 <b>Moral</b>	<p>Throughout various games pupils make choices regarding rules, sportsmanship and choices including teams, tactics and positions. PE teaches students about code of conduct, rules, etiquette and fair play unwritten rules. Competitive games provide students with leadership opportunities as well as being umpires and referees. Pupils develop the ability to tell between right and wrong through fair play in sporting events and participating in competitive situations. This gives pupils a sense of justice and how to respond appropriately when they feel there is an injustice. PE encourages pupils to be understanding of the ability of others and the need to be supportive rather than critical when playing as part of a team so that all team members are actively engaged during games. Dance in particular, allows children the opportunity to share ideas and discuss alternatives with each other in a structured and supportive environment where they can learn to give reasoned views and appreciate the views of others.</p>
 <b>Social</b>	<p>PE allows all pupils to develop the necessary skills to work in teams or pairs as the majority of activities are based around team games or creating sequences in groups. Giving the pupils roles such as: leaders, coaches, umpires or referees offers them the opportunity to develop communication, leadership and mediation skills. Problem solving skills and teamwork are fundamental to PE through creative thinking, discussion, performance of, and the explanation and presentation of ideas. Pupils are encouraged to develop their reasoning and decision making skills communicating with others and explaining concepts with each other. Through various different competitive games and competitions, pupils are encouraged to work with and socialise with a variety of other children they may not normally choose to mix with in classroom situations. Through participation in sporting festivals and competitions, children are exposed to a wider range of social, economic and ethnic backgrounds, helping them to develop their understanding and tolerance of these different groups.</p>
 <b>Cultural</b>	<p>Linking to School Themes, dance from different parts of the world encourages pupils to discuss how culture effects what sports different nations excel at and how cultural traditions can affect which sports men and women participate in. Opportunities to discuss viewpoints are encouraged whilst ensuring pupils are respectful of others understanding the consequences of overly critical assessment of performances. Through participation in sporting festivals, activities and competitions, children are exposed to a wider range of social, economic and ethnic backgrounds, helping them to develop their understanding and tolerance of these different groups. Actively supporting charitable events, such as Sport Relief, children will become more aware the wider world they live in.</p>

## British Values in PE

Democracy	The Rule of Law	Individual Liberty	Tolerance	Mutual Respect
				
<ul style="list-style-type: none"> <li>• Take into account the views of others in teams/ groups</li> <li>• Vote for outcomes</li> </ul>	<ul style="list-style-type: none"> <li>• Undertake safe practices, following class and games rules during PE lessons for the benefit of all.</li> </ul>	<ul style="list-style-type: none"> <li>• Work within boundaries to make safe choices in physical activities.</li> <li>• Make own choices with regard to participation and challenging activity.</li> </ul>	<ul style="list-style-type: none"> <li>• Experience and talk about sport/dance from different cultures and religious beliefs linked to whole school themes.</li> <li>• Use dance to learn about different faiths and cultures around the world.</li> </ul>	<ul style="list-style-type: none"> <li>• To behave appropriately to allow all participants the opportunity to take part effectively.</li> <li>• Review each other's work respectfully. Work together in groups/teams, helping and advising others.</li> <li>• Experience different festivals, traditions and celebrations through dance and sport</li> </ul>