

Bank View School
PSHE Key Concept- Primary



Key Concept	Explanation
Identify and belonging	For children studying PSHE, having a sense of identity is key within all units. Children begin to understand their own identity and the factors that create this, which then allows them to think about the identity of others
Similarities and differences	Children look at how we are all different. They understand that differences should be celebrated, and being unique is what makes us all special. There are many ways however in which we are all similar.
Teamwork	Teamwork is the ultimate tool that will help children grow into strong, independent, friendly young people so that they are able to work well with others and be sociable. Children who participate in teambuilding activities inside and outside of the classroom develop a greater sense of social competency because they learn to correctly interpret and respond to their peers' needs.
Self- esteem	Self-esteem is our opinion of ourselves and our worth. It's our perception of our value as a person, particularly in regard to our work and achievements
Family	In modern Britain, young people are raised in a variety of households and families come in many different forms. The changing nature of relationships and family life means that it is important for children to understand that they have the right to choose a partner, that there are different types of committed relationships, with different rights, responsibilities and legal status
Friendships	The people we bring into our lives as friends will show us how to forgive, laugh and make conversation. The basic components of any relationship are all founded in friendship. We learn how to interact with people because of our friends, even the ones that are opposite from us or share a different view
Managing Change	Managing change means managing people's fears and worries about the unknown. Change is natural and good, but people's reactions to change can be unpredictable and irrational. Throughout all walks of life, change happens
Asking for help	As much as we value children learning in an independent manner, by asking for help, children reinforce their knowledge, develop their knowledge, and seek reassurance in their own thoughts and ideas.