



# Wellbeing Policy

(Learners)

## Document Status

<b>Approved By:</b>	Full Governing Body
<b>Last Reviewed On:</b>	3 <sup>rd</sup> April 2025
<b>Next Review Due By:</b>	April 2026

*‘Individually we may cope, however together we all thrive’*

**Purpose:** This policy aims to promote the wellbeing of all learners and staff, ensuring a supportive environment where everyone can thrive and achieve their potential. We recognise that children’s mental health is a crucial factor in their overall wellbeing and can affect their learning and achievement. Persistent mental health problems may lead to pupils having significantly greater difficulty in learning than the majority of those of the same age.

### **Core Principles**

*‘In order to help their pupils succeed; schools have a role to play in supporting them to be resilient and mentally healthy’*

**Inclusivity:** We are committed to fostering an inclusive atmosphere where diversity is celebrated, and all individuals feel valued.

**Support:** A range of support services is available, including counselling, pastoral care, and an alternative curriculum to address the emotional and mental health needs of our community.

We want a school community that is resilient, happy, and successful.

We will achieve this by...

1. Creating an ethos, policies and behaviours that support mental health and resilience that everyone understands.
2. Helping learners to develop social relationships, support each other and seek help when they need too.
3. Helping our young people to become resilient learners.
4. Teaching learner social and emotional skills and an awareness of mental health.
5. Early identification of learners who have mental health needs and planning support to meet their needs, including working with specialist services.
6. Effectively working with parents and carers.
7. Supporting and training staff to develop their skills and resilience. We also recognise the role that stigma can play in preventing understanding.

## **Learners' Wellbeing**

*We offer a variety of alternative curriculum activities to support sensory needs, physical health, social skills, and personal development.*

- Alternative curriculum: We offer a range of alternative curriculum activities across all three of the Bank View sites. At our Speke site we offer Forest School, Equine Therapy, swimming, The Inclusive Hub and of course chicken therapy. At our Long Lane site, we have Speech and Language group work, "Think Bricks" Lego therapy and Mindfulness groups. At our Croxteth site primary children can access Outdoor Play and Learning (OPAL) accreditation.
- Safety: Pupils are encouraged to speak openly about any concerns, and safeguarding procedures are in place to ensure their protection. The Safeguarding Team oversees all three sites.
- The Safeguarding Team: Designated Safeguarding Lead- Layla Feeney- Operational Lead, Juliette Gelling (Headteacher), Claire Pattison (Deputy Head) DSL Speke Site Kathryn Davies, DSL Croxteth Jamie Rose Devine. SLT across all sites.
- Other Key Adults for Wellbeing: Wellbeing Hub Manager Long Lane Site - Lisa Greenbank, Wellbeing Hub Manager Speke Site – Kath Davies, Designated Mental Health Lead and Wellbeing Mentor -Alex Wrigg, Wellbeing Mentor – Laura Caples, Wellbeing Mentor and Holistic Therapist Jane Careline, School Counsellor -Nicola Doyle, Schools Family Support Worker, Liverpool Council - Leanne Bibby.

## **Parental Engagement**

*We recognise that pupil's wellbeing is impacted by the systems that they exist in – the primary one being the family. The school will support staff and outside agencies to work with parents/carers so that they can support their child. We will do this with the following in mind:*

### **Communication:**

- Some parents/carers may prefer a virtual meeting rather than face to face.
- Some parents are uncomfortable in school premises so a neutral venue may be appropriate.
- Who should be present –children, staff, parents etc.?
- What are the aims of the meeting and expected outcomes?

### **Partnership:**

We believe in working closely with parents to support the wellbeing of our young people. Across all sites we offer coffee mornings, information sharing and resources to assist in supporting children and families, Parent Groups, Strengthening Families, Strengthening Communities Parent/Carers Course

## Conclusion

### Commitment:

Bank View provides a nurturing environment that prioritizes the wellbeing of our school community. The wellbeing policy has been developed with the unique needs of our learners, families, and school community in mind. We are committed to providing an environment where everyone feels supported, understood, and enabled to reach their full potential. Our approach is holistic, inclusive, and proactive, ensuring that wellbeing is part of the ethos and culture of our school.

Together we **B**elieve we can learn  
**V**alue each other and  
work to **S**ucceed.